

BLOCK LISTING SIX MONTHLY RETURN

Date: 20 April 2010

1.	Name of applicant: Irish Continental Group plc	
2.	Name of scheme: ICG Share Option Plan	
3.	Period of return: From: 19 October 2009 to: 19 April 2010	
4.	Balance of unallotted securities under scheme(s) from previous return:	817,500 ICG Units
5.	<i>Plus:</i> The amount by which the block scheme(s) has been increased since the date of the last return (if any increase has been applied for):	Nil
6.	<i>Less:</i> Number of securities issued/allotted under scheme(s) during period:	167,500 ICG Units
7.	<i>Equals:</i> Balance under scheme(s) not yet issued/allotted at end of period:	650,000 ICG Units

Name of contact:	Tom Corcoran
Telephone number of contact:	+353 1 8552222